

SWEDEN – NOVEMBER 2020

Status of Cardiovascular Disease (CVD) and Risk Factor Burden

Country Demographics



88% of population living in urban areas

12% of population living in rural areas



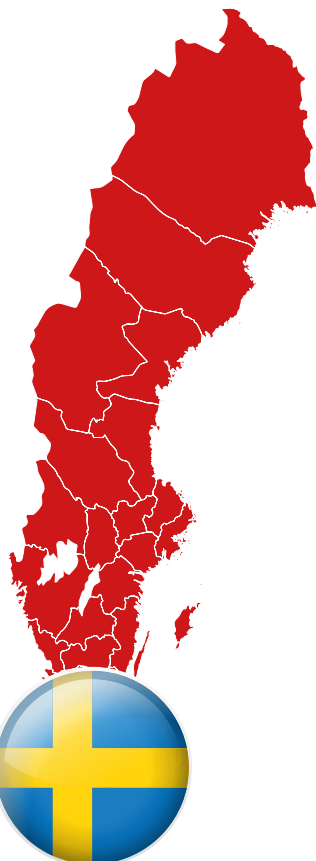
Life expectancy at birth (in years)

MALE 81
FEMALE 83

National health expenditure as percentage of GDP

11%

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Total population with **diabetes**: **7.2%**



Total mortality due to CVD (% of deaths)



MALE 37.2%
FEMALE 39.7%

Percentage of adults (age-standardized estimate) who are insufficiently active*

MALE 21.5%
FEMALE 24.7%

*less than 150 minutes of moderate intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week



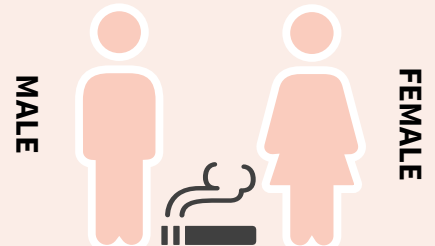
Percentage of **adolescents** (ages 11-17) who are insufficiently active*

MALE 82.2%

FEMALE 87.3%

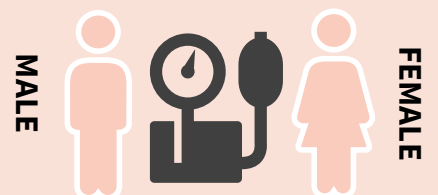
*less than 60 minutes of moderate to vigorous intensity physical activity daily

34% **19%**



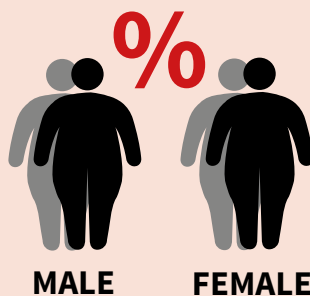
Prevalence of adult tobacco use age ≥15

24.1% **14.4%**



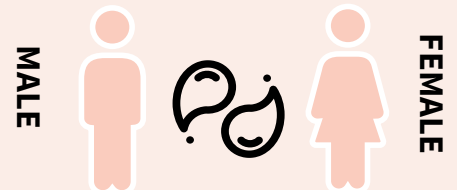
Percentage of population with raised blood pressure (SBP>=140 OR DBP>=90)

64.2 **48.4**



Percentage of adults who are overweight (BMI of ≥25 kg/m²)

56.1% **47.0%**



Percentage of population with raised total cholesterol (≥5.0 mmol/L)



KEY:

No data



Not in place



In process/ partially implemented



In place



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Cardiovascular Disease Governance

A national strategy or plan that addresses:

A national strategy or plan that addresses CVDs and their risk factors specifically:

A national strategy or plan that addresses NCDs and their risk factors:

A national tobacco control plan:

A national surveillance system that includes CVDs and their risk factors:

Collaborative projects between the Ministry of Health and non-health ministries for CVD interventions:

Legislation banning all forms of tobacco advertising, promotion and sponsorship:

Legislation banning the marketing of unhealthy foods to minors:

Policy interventions that facilitate physical activity:

Legislation banning the marketing of unhealthy foods to minors:

Legislation mandating clear and visible warnings on foods that are high in calories /sugar / saturated fats:

Stakeholder action

NGO advocacy for CVD policies and programmes:

Active involvement of patients' organizations in advocacy for CVD prevention and management:

Involvement of civil society in the development and implementation of a national CVD prevention and control plan:

Involvement of civil society in the national multisectoral coordination mechanism for NCDs/CVDs:

Hypertension screening by businesses at workplaces:

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For more information, please email info@worldheart.org